

Varvtidslista
Black River Run 2022
2022-09-10--2022-09-11

Plats: Västerås SOK's klubbstuga

Varvlängd: 13 411,2 meter

Startvarv för 20 miles: 5 300meter

20 miles

Startnr	Namn	Klubb	Resultat
216	Pär Videll	Klubblös	
		30:56	30:56
		1:16:12	1:47:08
		1:15:32	3:02:41
217	Kristofer Gamstedt	Västerås skidklubb	
		35:40	35:40
		1:19:20	1:55:00
		1:15:50	3:10:50
213	Jo-Olov Vatn	Klubblös	
		32:47	32:47
		1:29:50	2:02:38
		1:34:11	3:36:49
218	Heléne Gamstedt	Klubblös	
		35:40	35:40
		1:26:49	2:02:29
		1:34:36	3:37:06
214	Barbro Lien Rönn	Enda busken trail	
		40:18	40:18
		1:37:09	2:17:27
		1:34:37	3:52:04
212	Helena Isaksson	Simlångsdalens IF	
		38:27	38:27
		1:37:56	2:16:24
		1:43:49	4:00:14
215	Ylva Nygren	Lonesome Runners	
		40:14	40:14
		1:40:39	2:20:53
		1:44:01	4:04:54
219	Mikael Ohlsson	Volvo	
		40:18	40:18
		1:37:09	2:17:28
		2:01:37	4:19:06
205	Diana Soto	JDD Running	
		40:14	40:14
		1:48:32	2:28:46
		2:07:55	4:36:42
211	Lars Kamph	Klubblös	
		45:31	45:31
		2:00:00	2:45:32
		2:18:05	5:03:37

50 miles

Startnr	Namn	Klubb	Resultat
533	Christian Ellström	Klubblös	
		1:19:16	1:19:16
		1:44:48	3:04:04
518	Antoine Claisse	Klubblös	
		1:43:44	1:43:44
		2:02:23	3:46:07
5 241	Niklas Frykström	Sälens IF	
		1:20:36	1:20:36
		1:24:37	2:45:13
		1:36:09	4:21:23
517	Martin Svärd	Svärds hovslageri Västmanland	
		1:34:48	1:34:48
		1:34:21	3:09:10

	1:42:07		4:51:17
529 Thomas Ahlström	Ingen klubb		
	1:18:11		1:18:11
	1:19:08		2:37:19
	1:21:56		3:59:16
	1:39:06		5:38:22
530 Jesper Zakrisson	Örebro AIK		
	1:18:12		1:18:12
	1:19:13		2:37:26
	1:27:09		4:04:36
	1:49:33		5:54:09
540 Elin Tengbert	Västerås löparklubb		
	1:08:26		1:08:26
	1:11:16		2:19:43
	1:13:56		3:33:39
	1:16:08		4:49:47
	1:20:36		6:10:24
	1:19:15		7:29:39
519 Daniel Zetterqvist	Klubblös		
	1:08:34		1:08:34
	1:09:48		2:18:22
	1:11:33		3:29:56
	1:18:40		4:48:37
	1:31:46		6:20:23
	1:30:39		7:51:02
5 111 Felix Wännerdahl	Klubblös		
	1:14:26		1:14:26
	1:14:00		2:28:26
	1:18:09		3:46:36
	1:22:43		5:09:19
	1:24:22		6:33:42
	1:24:06		7:57:49
5 041 Sami Maliniemi	Hemlingby Löparklubb		
	1:15:27		1:15:27
	1:15:27		2:30:54
	1:19:34		3:50:29
	1:22:51		5:13:20
	1:28:01		6:41:21
	1:27:00		8:08:21
544 Gunilla Axelsson	Uppsala LK		
	1:17:39		1:17:39
	1:20:06		2:37:45
	1:22:24		4:00:10
	1:27:35		5:27:46
	1:27:01		6:54:47
	1:28:51		8:23:38
550 John John Sanchez	Runacademy IF		
	1:29:54		1:29:54
	1:27:38		2:57:33
	1:37:30		4:35:04
	1:15:59		5:51:04
	1:26:16		7:17:20
	1:31:12		8:48:33
545 Erik Bäcklund	Västerås allmänna klubb		
	1:24:35		1:24:35
	1:24:12		2:48:47
	1:25:00		4:13:48
	1:27:18		5:41:06
	1:32:38		7:13:45
	1:36:44		8:50:30
513 Elin Carrander	Klubblös		
	1:50:24		1:50:24
	2:04:42		3:55:07
	2:26:26		6:21:34
	2:37:09		8:58:43

5 331 Jörgen Ruth	ABB	
		1:19:47
		1:20:52
		1:23:47
		1:41:21
		1:41:54
		1:36:27
5 281 Per Persson	Klubblös	
		1:23:46
		1:27:23
		1:32:05
		1:38:04
		1:40:23
		1:35:10
5 131 Kristin Holmberg	Klubblös	
		1:29:47
		1:33:20
		1:36:14
		1:43:01
		1:48:16
		1:47:27
5 121 Mikael Melto	Klubblös	
		1:23:56
		1:33:27
		1:43:04
		1:50:48
		1:55:06
		1:51:04
551 Mikael Löf	Örebro AIK	
		1:27:26
		1:30:55
		1:40:06
		1:59:03
		2:03:12
		1:51:52
534 Jan Karlsson	Eskilstuna Trail Klubb	
		1:33:41
		1:42:30
		1:46:29
		1:54:34
		1:55:27
		2:05:23
5 311 Clara Borg	Klubblös	
		1:26:41
		1:34:28
		1:48:35
		2:01:30
		2:03:57
		2:07:58
541 Elinor Näslund	Klubblös	
		1:40:13
		1:38:50
		1:45:24
		1:51:11
		1:55:45
		2:27:33
560 Adam Thunell	Vega Bk	
		1:35:06
		1:43:29
		1:51:06
		2:09:39
		2:14:12
		1:45:56
116 Carolina Pansar.	Borås Löparklubb	
		1:36:37

	1:42:24	3:19:01
	1:50:59	5:10:00
	2:12:56	7:22:57
	2:14:36	9:37:33
	2:10:45	11:48:19
558 Thomas Nygren	Vännäs SK	
	1:32:58	1:32:58
	1:40:25	3:13:23
	2:02:32	5:15:56
	2:15:24	7:31:20
	2:04:02	9:35:23
	2:18:31	11:53:54
136 David Backman	Friskis	
	1:35:22	1:35:22
	1:47:15	3:22:37
	2:13:19	5:35:56
	2:00:50	7:36:47
	2:08:24	9:45:12
	2:10:04	11:55:16
570 Rickard Hermelin Engberg	Klubblös	
	1:47:03	1:47:03
	1:45:10	3:32:14
	1:40:41	5:12:56
	1:52:02	7:04:58
	2:11:55	9:16:53
	3:02:36	12:19:29
508 Jenny Eriksson	Klubblös	
	1:39:47	1:39:47
	1:55:57	3:35:45
	2:06:33	5:42:18
	1:57:19	7:39:37
	2:17:54	9:57:32
	2:42:04	12:39:36
504 Mikael Nordström	Klubblös	
	1:47:00	1:47:00
	2:11:37	3:58:37
	2:31:54	6:30:32
	2:43:27	9:13:59
	3:34:12	12:48:11
524 Anneli Wentzell	Klubblös	
	1:39:48	1:39:48
	1:52:32	3:32:20
	2:09:57	5:42:17
	2:16:27	7:58:45
	2:24:32	10:23:17
	2:58:50	13:22:08
511 Anna-Karin Larsson	Klubblös	
	1:43:48	1:43:48
	1:59:11	3:42:59
	2:13:30	5:56:30
	2:22:58	8:19:29
	2:32:24	10:51:53
	2:55:36	13:47:29
220 Maria Axner Elings	Zuicide Zero	
	1:50:35	1:50:35
	2:03:40	3:54:16
	2:50:56	6:45:12
	3:03:55	9:49:07
	3:16:21	13:05:29
	3:19:12	16:24:42
535 Stefan Edström	Walking Dead	
	2:31:35	2:31:35
	3:04:13	5:35:48
	3:36:44	9:12:33
	4:13:18	13:25:51

	4:02:56		17:28:47
	4:12:34		21:41:22
537 Linda Nordmark		Walking Dead	
	2:31:36		2:31:36
	3:04:13		5:35:49
	3:36:44		9:12:34
	4:13:19		13:25:53
	4:02:55		17:28:49
	4:12:32		21:41:22

100 miles

Startnr	Namn	Klubb	Resultat
96	David Zürn	Sometimes you just need balls, GER	
		1:26:11	1:26:11
		1:25:01	2:51:12
101	Josef Stener	Klubblös	
		1:32:48	1:32:48
		1:47:33	3:20:21
6	Martin Lindahl	Bring a towel!	
		1:17:22	1:17:22
		1:16:44	2:34:06
		1:19:27	3:53:33
		1:36:00	5:29:33
		1:46:11	7:15:45
23	Niklas Drakfors	Umara sportsclub	
		1:38:10	1:38:10
		1:40:52	3:19:02
		1:58:31	5:17:33
		2:22:57	7:40:30
122	Niclas Nygren	Klubblös	
		1:13:25	1:13:25
		1:16:44	2:30:10
		1:18:20	3:48:30
		1:23:12	5:11:42
		1:28:26	6:40:09
		1:26:15	8:06:25
95	Robert Fiedler	Sometimes you just need balls, GER	
		1:26:10	1:26:10
		1:25:01	2:51:12
		1:33:14	4:24:27
		1:37:03	6:01:30
		2:10:28	8:11:58
40	Johan Molin	LK TV88	
		1:31:35	1:31:35
		1:33:17	3:04:52
		1:36:09	4:41:02
		1:43:54	6:24:56
		1:48:56	8:13:53
		1:58:21	10:12:14
110	Daniel Larsson	Team Legolas	
		1:22:46	1:22:46
		1:35:10	2:57:56
		1:48:04	4:46:01
		1:54:55	6:40:56
		1:45:17	8:26:14
		1:59:51	10:26:05
121	Thomas Halvardsson	Team Stjärnultra	
		1:29:20	1:29:20
		1:33:51	3:03:12
		1:32:10	4:35:22
		1:33:14	6:08:36
		2:05:44	8:14:20
		2:12:37	10:26:57
133	Kiki Solender	Solenders	

	1:22:46	1:22:46
	1:35:10	2:57:57
	1:48:02	4:46:00
	1:54:57	6:40:57
	2:08:08	8:49:05
	1:42:40	10:31:46
66 Marius Thovsland	Norway	
	1:33:48	1:33:48
	1:43:19	3:17:07
	1:46:39	5:03:46
	1:52:10	6:55:57
	1:51:07	8:47:04
	2:07:08	10:54:13
61 Martin Bergkvist	Team Runners Hig	
	1:36:12	1:36:12
	1:39:58	3:16:10
	1:46:29	5:02:40
	1:54:34	6:57:14
	2:14:09	9:11:23
	2:27:25	11:38:48
69 Dan Jansson	Runacademy IF Sälen	
	1:26:08	1:26:08
	1:39:39	3:05:47
	1:49:13	4:55:00
	2:08:36	7:03:37
	2:02:08	9:05:46
	2:40:47	11:46:33
59 Andreas Norén	AN FYSIOCENTER	
	1:18:08	1:18:08
	1:19:30	2:37:38
	1:22:16	3:59:55
	1:28:06	5:28:01
	1:36:25	7:04:27
	1:40:42	8:45:09
	1:45:37	10:30:46
	1:40:10	12:10:56
55 Mattias Sidebäck	Klubblös	
	2:10:41	2:10:41
	2:16:57	4:27:39
	2:57:24	7:25:04
	5:46:03	13:11:07
46 Lena Hammarsten	Walking Dead	
	2:16:26	2:16:26
	2:54:56	5:11:22
	3:22:34	8:33:57
	4:37:20	13:11:18
36 Elin Hammarsten	0-24	
	2:39:37	2:39:37
	2:45:18	5:24:56
	3:09:01	8:33:57
	4:37:46	13:11:44
119 Karolina Biwall Hellman	Västerås LK	
	1:26:42	1:26:42
	1:31:37	2:58:20
	1:32:44	4:31:04
	1:36:52	6:07:56
	1:37:23	7:45:19
	1:48:24	9:33:44
	1:49:35	11:23:20
	2:00:37	13:23:57
87 Gustaf Sjösvärd	Sandviken Trail Running	
	1:13:30	1:13:30
	1:16:47	2:30:18
	1:17:00	3:47:18
	1:20:30	5:07:49

	1:19:05	6:26:54
	1:21:10	7:48:05
	1:23:32	9:11:37
	1:28:39	10:40:16
	1:28:28	12:08:45
	1:35:23	13:44:08
	1:36:21	15:20:30
	1:48:37	17:09:08
4 Henrik Nyström	Eds SK	
	1:32:48	1:32:48
	1:39:15	3:12:03
	1:48:49	5:00:52
	1:55:55	6:56:48
	1:57:22	8:54:10
	2:21:33	11:15:43
	2:59:11	14:14:55
	3:20:15	17:35:10
113 Magnus Lärke	Lonesome runners	
	1:29:22	1:29:22
	1:29:00	2:58:22
	1:40:40	4:39:02
	1:49:37	6:28:39
	1:52:48	8:21:28
	2:00:03	10:21:31
	2:14:55	12:36:27
	2:29:30	15:05:57
	2:38:09	17:44:07
117 Matts Sjöstedt	SLDK	
	1:35:01	1:35:01
	1:40:16	3:15:17
	1:49:04	5:04:21
	1:50:08	6:54:29
	1:53:43	8:48:13
	1:55:47	10:44:01
	2:04:48	12:48:49
	2:25:32	15:14:22
	2:32:56	17:47:18
109 Ida Benari	WalkwithME	
	1:54:38	1:54:38
	2:16:42	4:11:20
	2:18:21	6:29:42
	2:16:27	8:46:09
	2:41:50	11:27:59
	3:01:16	14:29:16
	3:37:56	18:07:12
114 Magnus Svensson	WalkwithME	
	1:54:39	1:54:39
	2:16:42	4:11:21
	2:18:19	6:29:41
	2:16:28	8:46:09
	2:41:51	11:28:00
	3:01:15	14:29:16
	3:37:55	18:07:12
125 Tony Norendahl	Sons of Abisko	
	1:18:10	1:18:10
	1:22:48	2:40:59
	1:25:51	4:06:50
	1:28:02	5:34:53
	1:29:00	7:03:53
	1:30:19	8:34:13
	1:33:24	10:07:38
	1:37:31	11:45:09
	1:33:08	13:18:18
	1:41:23	14:59:42
	1:46:00	16:45:43

	1:45:54	18:31:37
100 Anna Grundahl	IF Linnéa	
	1:21:27	1:21:27
	1:21:18	2:42:46
	1:24:24	4:07:10
	1:24:05	5:31:16
	1:25:45	6:57:01
	1:27:38	8:24:39
	1:33:18	9:57:58
	1:40:42	11:38:40
	1:45:27	13:24:08
	1:47:31	15:11:39
	1:51:50	17:03:30
	1:52:44	18:56:14
102 Karin Strid	Kristinehamn Multisport	
	1:42:42	1:42:42
	1:54:28	3:37:10
	2:11:35	5:48:46
	2:21:01	8:09:47
	2:32:27	10:42:15
	2:35:52	13:18:07
	2:36:08	15:54:16
	3:13:45	19:08:02
131 Thomas Jonsson	Klubblös	
	1:18:05	1:18:05
	1:19:38	2:37:44
	1:22:02	3:59:46
	1:28:11	5:27:58
	1:36:23	7:04:22
	1:40:38	8:45:00
	1:45:01	10:30:02
	1:40:54	12:10:56
	1:49:42	14:00:38
	1:46:09	15:46:47
	1:52:52	17:39:40
	1:45:10	19:24:50
118 Robert Berntsson	Umara Sports Club	
	1:19:32	1:19:32
	1:20:24	2:39:56
	1:23:58	4:03:55
	1:31:40	5:35:35
	1:27:28	7:03:03
	1:33:13	8:36:17
	1:47:20	10:23:37
	1:44:42	12:08:20
	1:57:38	14:05:58
	1:50:00	15:55:59
	1:52:01	17:48:00
	1:53:54	19:41:55
88 Matthias Köhler	LK TV88	
	1:46:57	1:46:57
	1:56:25	3:43:23
	2:04:42	5:48:06
	2:11:33	7:59:39
	2:25:26	10:25:05
	2:34:25	12:59:31
	3:10:00	16:09:32
	3:37:59	19:47:32
129 Mats Dahlén	WTRS	
	1:15:28	1:15:28
	1:18:20	2:33:48
	1:18:38	3:52:26
	1:26:03	5:18:30
	1:29:02	6:47:33
	1:34:14	8:21:47

	1:35:24	9:57:12
	1:48:41	11:45:54
	1:53:39	13:39:33
	1:56:22	15:35:56
	2:04:57	17:40:53
	2:07:58	19:48:51
43 Anders Norén	Klubblös	
	1:24:13	1:24:13
	1:24:46	2:49:00
	1:26:16	4:15:16
	1:28:58	5:44:14
	1:32:16	7:16:30
	1:37:25	8:53:56
	1:42:09	10:36:05
	1:48:48	12:24:54
	1:54:31	14:19:26
	1:57:04	16:16:30
	1:54:50	18:11:21
	1:51:27	20:02:48
28 Giesela Bergh	Lonesome runners	
	1:42:50	1:42:50
	1:59:51	3:42:42
	2:07:31	5:50:14
	2:22:46	8:13:00
	2:22:45	10:35:45
	2:59:35	13:35:21
	3:14:26	16:49:48
	3:22:34	20:12:22
35 Marcus Norrman	DBB	
	1:19:41	1:19:41
	1:22:13	2:41:54
	1:22:26	4:04:20
	1:26:08	5:30:29
	1:28:48	6:59:17
	1:31:12	8:30:30
	1:36:57	10:07:28
	1:42:33	11:50:01
	1:51:57	13:41:59
	1:53:56	15:35:55
	2:26:20	18:02:15
	2:12:37	20:14:52
127 Liselott Jezek	IFK Umeå	
	1:19:33	1:19:33
	1:20:22	2:39:56
	1:25:06	4:05:02
	1:25:40	5:30:43
	1:29:01	6:59:44
	1:32:26	8:32:11
	1:38:12	10:10:24
	1:41:27	11:51:51
	1:48:05	13:39:57
	2:04:00	15:43:58
	2:13:26	17:57:24
	2:45:15	20:42:40
89 Kolbjørn Botten	Tverlandet IL, NOR	
	1:33:14	1:33:14
	1:38:11	3:11:26
	1:34:46	4:46:12
	1:36:44	6:22:57
	1:36:24	7:59:21
	1:41:00	9:40:22
	1:50:26	11:30:49
	1:59:54	13:30:43
	1:48:30	15:19:14
	1:51:56	17:11:11

	1:55:42		19:06:54
	1:36:17		20:43:11
81 Jonas Ershammar		Dark Trail Runners	
	1:38:14		1:38:14
	1:37:05		3:15:19
	1:36:30		4:51:49
	1:36:02		6:27:52
	1:39:42		8:07:35
	1:41:44		9:49:19
	1:40:26		11:29:45
	1:46:11		13:15:57
	1:43:05		14:59:02
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10 Johan Liliequist		Tjust Bike & Running Club	
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98 Thorbjörn Hansen		Hansen LK	
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	2:41:56		21:43:42
54 Håkan Sandberg		Klubblös	
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	1:44:16		4:54:59
	1:43:33		6:38:32
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	1:58:55		15:53:47
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104 Jonas Bergström		Örnsberg All Stars	
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	1:46:15		5:22:08
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42 Mats Nordmark	IF Göta Karlstad	
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	1:58:56	15:54:54
	2:01:11	17:56:05
	2:09:00	20:05:06
	2:01:37	22:06:44
134 Tommy Eriksson	IFK Sala	
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	2:19:26	10:56:53
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	2:57:12	18:25:06
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103 Fredrik Norlin	Sandviken Trail Running	
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	1:29:15	4:07:11
	1:36:25	5:43:37
	1:43:34	7:27:11
	1:46:23	9:13:35
	1:57:57	11:11:32
	2:00:43	13:12:15
	2:17:56	15:30:11
	2:10:32	17:40:44
	2:21:42	20:02:26
	2:09:33	22:11:59
107 Magnus Migdal Lilleeng	Hisingen Runner	
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	2:08:21	15:34:38
	2:04:34	17:39:13
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	2:22:37	22:40:18
8 Pär-Ola Martinsson	IFK Skövde FIK	
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	1:51:31	8:17:53
	1:57:36	10:15:29
	2:00:06	12:15:36
	2:16:09	14:31:46
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	2:01:20	18:43:27
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44 Jørgen Slettvoold Tellefsen	Salomon/ Hell Ultraløperklubb, NOR	1:29:37	1:29:37
		1:32:17	3:01:55
		1:38:48	4:40:43
		1:46:05	6:26:48
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		2:00:29	10:25:22
		2:06:58	12:32:20
		2:08:02	14:40:22
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		2:05:10	18:56:53
		2:00:19	20:57:13
		1:57:24	22:54:37
63 Siw Hedlin	Axa sport club	1:46:56	1:46:56
		1:56:27	3:43:24
		2:04:41	5:48:05
		2:11:35	7:59:41
		2:25:26	10:25:07
		2:34:17	12:59:25
		3:10:14	16:09:40
		3:36:33	19:46:13
		3:11:16	22:57:30
65 Mikael Sandberg	LK Nyköpings Runners	1:46:56	1:46:56
		1:56:26	3:43:22
		2:04:42	5:48:04
		2:11:37	7:59:42
		2:29:05	10:28:48
		2:34:29	13:03:17
		3:06:12	16:09:29
		3:36:31	19:46:01
		3:11:29	22:57:30
105 Marcus Ringstrand	Klubblös	1:24:56	1:24:56
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		1:31:58	4:22:32
		1:36:21	5:58:53
		1:34:43	7:33:37
		1:40:31	9:14:08
		1:51:07	11:05:16
		2:05:00	13:10:16
		2:17:31	15:27:48
		2:30:47	17:58:35
		2:23:12	20:21:48
		2:44:08	23:05:57
115 Ellinor Flintberg	Umara sports club	1:26:06	1:26:06
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		1:33:43	7:25:15
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71 Johan Nordenberg	Sweden Runners	1:26:06	1:26:06
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		1:50:07	8:04:37

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84 Sharam Alborz	Klubblös	
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	1:59:08	8:36:41
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	2:03:06	12:40:13
	2:16:25	14:56:38
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128 Magnus S Svensson	Hälle IF	
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120 Örjan Bolin	Västerås LK	
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97 Robert Frödin	LK TV88	
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132 Mattias Lindqvist	Älmhult	
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70 Niklas Rönn	Enda Busken Trail		
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76 Jan Wikström	JDD Running		
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11 Johan Nilsson	Näset31		
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106 Lars Kronfält	Klubblös		
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14 Kristina Gustavsson	Klubblös		
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130 Juha Kamppinen	Klubblös	
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26 Monica Johansson	Lonesome Runners	
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13 Hans Hillner	Huddinge AIS	
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20 Annika Drakfors	Falköping	
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111 Anders Isaksson	Simlångsdalens IF	
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80 Mattias Rydin

Klubblös

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Klubblös

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